

Privacy Notice

At Henley Hypnobirthing, I respect your privacy and take the security of your personal information seriously.

When you enquire or book a course, I may collect information such as your name, contact details, due date, booking information and any relevant pregnancy or health information that you choose to share.

I use this information to manage your booking, communicate with you, provide your hypnobirthing sessions and meet any necessary legal, professional or insurance requirements. Where required, I will only process your personal information where I have a lawful basis to do so under UK data protection law.

Any personal or sensitive information you share with me will be treated confidentially and stored securely. I will never sell your information or use it for marketing without your permission.

Your information will only be kept for as long as necessary, including any period required for legal, accounting, insurance or professional purposes. It will then be securely deleted or destroyed.

You have rights over the personal information I hold about you, including the right to ask what information I have, request corrections and request deletion where appropriate.

If you have any questions about how your information is handled, or would like to exercise your data protection rights, please contact me at henleyhypnobirthing@gmail.com.

You also have the right to complain to the **Information Commissioner's Office (ICO)** if you believe your personal information has not been handled appropriately.

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